

Membership Rates

Valid until 31st January, 2010



7am - 9.30pm Mon - Fri
8am - 8.30pm Sat & Sun

Full Membership

	6 months	12 months
Single	€475	€ 825
Couple	€795	€1365
Student (18-24)	€285	€ 490

Joining fee (non refundable)

Single /Student	€ 130
Couple	€ 190
Student 6 months	€ 95



Off Peak Membership

	12 months
Single	€570
Couple	€900

Joining fee (non refundable) €63 per person

7am - 3.30pm Mon - Fri
8am - 10.00am Sat & Sun



Children's Membership

	6 months	12 months
Children under 2	free	free
Children 2-15 (pool only)	€ 75	€135
Children 16-18 (pool & gym)	€120	€225

Child memberships only available when joining with an adult.

9am - 12.15pm & 2pm - 5.30pm Mon - Thurs
9am - 12.15pm & 2pm - 6.30pm Fri
9am - 6.30pm Sat & Sun



Corporate Membership

Details on request

Facilities & Equipment

Award winning 20m pool

Steam room

2 Hydro massage pools

Sauna

1 Childrens pool

Multijet hot & cold showers

Whirlpool spa

Conservatory off pool area

Split level gymnasium with full range of **cardiovascular equipment** which is computerised, pulse monitored and pulsar resistance equipment which is CAM systemised and the first of its kind in Ireland.

Solaria with the latest equipment.

Refreshments lounge with snacks and drinks available.



Thalassotherapy Clinic

Supervised Playroom

Private & group swimming lessons available for members.

Free assessments available from our fully qualified gym instructors.

Rochestown Road, Douglas, Cork, Ireland. • Tel: +353 21 4890750 • Fax: +353 21 4893844

Reservations Fax: +353 21 4918052 • Reservations Email: res@rochestownpark.com

Website: www.rochestownpark.com • General Email Enquiries: info@rochestownpark.com

V.A.T. Reg. No. IE 4653962 P